

NYSACFO Syracuse Chapter

April 30, 2026

Mid-Season Reminders &
Film Review

Inadvertent Whistles

- ◆ Inadvertent Whistles (same as TFR)

- ◆ Crew Communication – if you hear an IW, do not try to hide it - the R (and everyone else) should immediately blow the play dead and conference!

- ◆ Rule 4-2-3:

- ◆ when a prosthetic limb comes completely off the runner.

ART. 3 ... An inadvertent whistle ends the down. Inadvertent whistles are administered as follows:

- The down shall be replayed if, during a down or during a down in which the penalty for a foul is declined, an inadvertent whistle is sounded while a legal forward pass or snap is in flight, or during a legal kick.
- The team last in possession may choose to either put the ball in play where possession was lost or replay the down if, during a down or during a down in which the penalty for a foul is declined, an inadvertent whistle is sounded while the ball is loose following a backward pass, fumble, illegal forward pass or illegal kick.
- The team in possession may choose to either accept the results of the play at the dead-ball spot or replay the down if, during a down or during a down in which the penalty for a foul is declined, an inadvertent whistle is sounded while the ball is in player possession.
- The penalty shall be administered as determined by the enforcement spot and takes precedence over inadvertent whistle administration if, during a down, a live-ball foul occurs prior to the inadvertent whistle and the penalty is accepted.

- ◆ No period (or OT drive) may end with an IW, regardless of the option the team selects (R. 3-3-3-c; TFR Casebook 3-3-3 Situation C)

Rule 3: Overtime (NYS Rules)

- ◆ Overtime rules for Playoffs!
 - ◆ No overtime until the playoffs (games CAN result in a TIE – Bethlehem 6 @ CNS 6)
- ◆ Coin Toss for EVERY OT Period (**GFFvTFR**)
 - ◆ Options: (1) offense/defense or (2) direction (“Defer” = DEFENSE!). Loser gets the remaining option.
 - ◆ No more than 3-minute interval following 4th Q before Coin Toss
 - ◆ For 2nd & each subsequent OT period, start with coin toss, but they only have the option of offense/defense
- ◆ Basic Rules
 - ◆ Game Clock: shut off – all plays are untimed downs
 - ◆ Play Clock: same rules as regulation – every play 0:25 (watch R chop)
 - ◆ No more than 1 minute interval following scores / PATs
 - ◆ Both possessions for each OT period are *played toward the same goal!* (NYS Interp. Confirmed!)
 - ◆ Unless moved by penalty, each team will start 1st and goal from the 20-yard line
 - ◆ 1 TO per team per OT period
 - ◆ Same PAT options (1 pt = 3 yd; 2 pt = 10 yd)

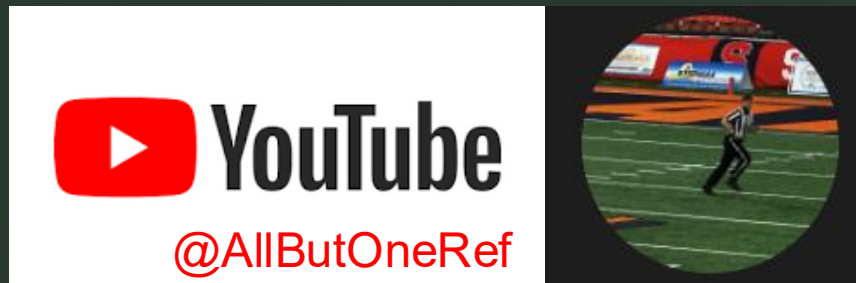
Rule 3: Overtime (NYS Rules)

◆ Penalties During OT

- ◆ Turnovers are **LIVE**: If the defense intercepts the pass or in-flight fumble and returns it for a touchdown, they win the game!!! If they do not return the interception for a touchdown, the ball will belong to the defense, as the offense did not convert their chance (1st and GTG at the 20 – not spotted at the end of the return)
- ◆ Offense may get an (automatic) first down by penalty only
- ◆ DBFs following a successful PAT are assessed from the succeeding spot (i.e. the 20 yd line)
- ◆ Same PAT options (1 pt = 3 yd; 2 pt = 10 yd) unless moved by succeeding spot penalty (same penalty enforcement as TFR so you can have, for example, DPI on TD result in 2 pt try from the 5 yd)

Crew Communication

- 🏈 CNS Play 1 – Communicate
- 🏈 CNS Play 2 – Hustle for Bags



Reminders: 3 Blocking Fouls (10-yard Penalties)

- ◆ Blocking: (1) Illegal Blocking, (2) Illegal Use of the Hands or Holding, & (3) PF for Charging Into (R. 2-3, 9-2, 9-3, 9-4-3-b)
 - ◆ Blocking: using any part of the body to obstruct an opponent "by contacting them" – 10 yard penalty
 - ◆ Screen blocking: only permitted way of obstructing, must be done "without contact[]"
 - ◆ A legal screen blocker also must NOT extend arms or use hands, arms, elbows, or legs to initiate contact (R. 9-3-2 [*Illegal Blocking* – 10 yard penalty])
 - ◆ Illegal Use of the Hands & Holding (R. 9-2)
 - ◆ Offense / A may not form interlocked blocking with teammates or "use hands, arms or legs to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent"
 - ◆ Defense / B may not push their *teammate* forward, or initiate any contact with B; they may not use "hands or arms to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent **other than the runner**," initiate contact with an eligible receiver, remove the flag or belt of an opponent not in possession of the ball (except it is not a penalty to pull the flag early of a player attempting to secure possession of a loose ball) (i.e. early flag pull = Il. Use of Hands)
 - ◆ Charging into or throwing any opponent to the ground (A or B) is a foul and automatic first down if done by B / defense (R. 9-4-3-b)
 - ◆ All 3 are VERY similar, only use PF for Charging Into for severe contact by B (auto 1st Down)

Reminders: Blocking Guidance

- ◆ Non-Contact Sport – Pointers from NYS regarding who gets the penalty for contact
 - ◆ Defender should generally avoid contact (when in doubt, defense caused the contact)
 - ◆ Offense can move in same direction or path as defender, but once the defender “beats” them, they are no longer going in the same direction (moving A player must give up the path to the flag)
 - ◆ Block/Charge Call in Basketball – if A has good position and B charges into them, foul on B (possible automatic first down), however, if A is “beat” to the point / path and moves into contact, foul on A (either illegal blocking, illegal use of hands / arms, or PF charging into opponent)
- ◆ Contact should result in a foul, unless:
 - ◆ Incidental contact during a bona fide attempt by opposing players to catch a pass or in-flight fumble
 - ◆ Incidental contact during flag pull (i.e. at the runner’s hip)
 - ◆ Incidental and *very minor* contact with shoulder/upper arm as one player runs past another

GFF is Not a Contact Sport like Tackle Football –
Incidental Contact might be OK but Intentional Contact is a FOUL

Holding, Uniforms, & Passer's Feet

- 🏈 Holding Reminders Against Runner
 - 🏈 Flag Color – Clearly Contrasting
- 🏈 Illegal Blocking
- 🏈 QB Trick Play – Passer's Feet Only (R. 7-5-1 & 7-5-2)



Good luck in the final weeks and playoffs!

- 🏈 Questions? Again, you can email, call, or text (allbutoneref@gmail.com; 773/983-8535)
- 🏈 Today's film is saved on YouTube as a "playlist" (and/or linked on the slides)
- 🏈 Keep reviewing the NYS Interpreter's Memos sent by Nick via email and saved on [our website \(https://www.nyscfosyr.com/\)](https://www.nyscfosyr.com/)

